

LIFE LINKS

... your connection to mental health and wellness

5K / 10K
RUN TO STOMP OUT STIGMA!

LifeLinks
Saturday, September 3rd
Starting at 8:00 AM

Register Online at
www.RacePlanner.com

Sponsored by

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Common Links



Unique Style

Please complete or register online at www.RacePlanner.com

Name _____ DOB ___/___/___
Address _____
City _____ State _____ Zip _____
Phone (____) ____-____ Email _____
Emergency Contact _____ Emergency Phone (____) ____-____

Shirt Size ___ Youth M ___ Youth L ___ Adult S ___ Adult M
 ___ Adult L ___ Adult XL ___ Adult XXL ___ Adult XXXL

Fees
\$25 for registrations received before 12 midnight on Monday, August 29th
\$35 for registrations received August 30th through Saturday, September 3rd

You must register to run or walk the 5K/10K. Each participant must complete a separate form.

WAIVER AND RELEASE: I know that running a road race is a potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained. I also understand that both vehicle traffic and spectators may be present along the course, and I assume the risk of participating under such conditions. I further assume any and all other risks associated with participating in the event including, but not limited to, illness, travelling to and from the event, falls, contact with spectators or other participants, the effect of the weather, and the surface condition of the roads and sidewalks, all such risks being understood and appreciated by me. Furthermore, I agree to yield to all emergency vehicles. The undersigned grants permission to sponsors and/or agents authorized by them to use any photos, video tapes, motion pictures, or any other record of this event for any purpose. I hereby consent to receive medical treatment, which may be deemed advisable in the event of injury, accident, and/or illness during this event. I hereby certify that I have read this document and understand all of its contents.

Entrant's Signature _____

Guardian Signature _____

Note: If entrant is 17 or younger, signature of parent or guardian is required.



Mail registration form to

LifeLinks
750 Broadway Avenue East
Mattoon, IL 61938

Please make checks payable to LifeLinks.

Packet Pickup

Friday, Sept. 2
9 AM – 1 PM
LifeLinks

Saturday, Sept. 3
7:30 – 8:00 AM
Event day registration and packet pickup